



Ohio Equity Institute Resource Guide

	Baby Items	Clothing	Domestic Violence	Education	Employment	Food	Health Insurance	Housing	Mental Health	Prenatal Care	Prenatal Support	Smoking Cessation	Substance Abuse	Transportation	Utilities/Rent
A Caring Place (513) 753-4357 https://acaringplace.org	X														
A Sound Mind Counseling 513-948-0023 http://asoundmindcounseling.com									X						
Addiction Services Council 513-281-7880 https://addictionservicescouncil.org/ Treatment for alcoholism, drug addiction, and other addictive disorders													X		
Affordable Housing in Cincinnati https://affordablehousingonline.com/housing-search/Ohio/Cincinnati								X							
All Moms Empowered to Nurse (AMEN) amencincy.org										X					
Anna Louise Inn 513-768-6900 https://cubcincy.org/how-we-help-2/anna-louise-innhousing/ provides safe and affordable housing for single women								X							
Baby Basics 513-353-8383 http://www.babybasicscincinnati.com distributes diapers to low-income families	X														
Back on Track Clothing Assistance (Freestore Foodbank) 513-357-4822 https://freestorefoodbank.org/back-on-track/ supplies free work clothing as customers prepare for job interviews, training and more. Emergency clothing is also available for men, women and children as needed.		X													
Become an EX-American Legacy Association http://www.becomeanex.org/												X			
Beech Acres Parenting Center beechacres.org 513-231-6630 family and parent center, grief support									X		X				
Bethany House Services 513-921-1131 https://bethanyhouseservices.org provides a sanctuary for desperate homeless families in need of help to achieve stable housing and income			X					X							
Bethesda North OB Center 513-865-1631										X					



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Consumer Credit Counseling Service 513-366-4500 Non Profit Organization dedicated to assisting in personal money management, debt				X											
Cradle Cincinnati 513-521-3076 https://www.cradlecincinnati.org/ team of community health workers, nutritionists, educators and advisors that help women navigate and choose services in their community that best meet their immediate needs before, during and after pregnancy.											X				
Cribs for Kids 211 Qualifying families who call the countywide 211 line will be able to receive a new crib	X														
Dohn Keeping Teen Moms in School (KTMIS) 513-281-6100 offers a supportive, academic community for pregnant teens and teen moms				X											
Education Matters 513-244-2214 https://emcincy.org/				X											
Elizabeth's New Life Center @ The Women's Center 513-620-8844	X														
Excel Development Corp., Inc. 513-632-7149 https://www.exceldev.org/ Excel houses approximately 900 individuals and families with Severe and Persistent Mental Illness (SPMI)								X	X						
First Step Home 513-961-4663 https://www.firststephome.org/ Provides trauma-informed treatment for pregnant and non-pregnant women with substance use disorder living with their children up to the age of twelve.													X		
Freedom from Smoking- American Lung Association 800-LUNG-USA https://www.lung.org/stop-smoking/join-freedom-from-smoking/												X			
Freestore Foodbank 513-241-1064 https://freestorefoodbank.org/ Providing food pantry services, emergency assistance in the form of food, baby formula and baby food, clothing, furniture and house wares, fans and air conditioners, infant care products, personal hygiene products, bus tokens and pet food						X								X	X
Good Samaritan Hospital OB Clinic 513-862-2563										X					



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openly and enthusiastically supports fathers as unique assets to thriving children, families and communities.															
Hamilton County Mental Health & Recovery Services Board hcmhrsb.org Directory for mental health and addiction services									X				X		
Healthy Beginnings (513) 861-8430										X					
Help for Homeless: Central Access Point Hotline 513-381-SAFE https://www.strategiestoendhomelessness.org/caphotline_can_help/								X							
Housing Opportunites Made Equal 513-721-4663 https://homecincy.org/ HOME offers a variety of services to help eliminate illegal housing discrimination, prevent homelessness, and educate tenants and landlords about their fair housing rights and responsibilities.								X							
Interfaith Hospitality Network 513-471-1100 https://ihncincinnati.org/ Shelter, Transportation, Life Skills training								X							
IKRON Corporation 513-621-1117 https://cincinnati.ikron.org/ (Integration of Knowledge and Resources for Occupational Needs) provides integrated quality behavioral health services including employment services, support services, youth services, and peer services.					X				X				X		
Life Forward Pregnancy Care of Cincinnati 513-961-7777 http://lifeforwardcincy.org	X														
Lighthouse Youth Services, Inc. (513) 221-3350 https://www.lys.org/ Offers mental health services, including same-day assessments, as well as youth housing, emergency shelter, community juvenile justice services, residential treatment, early intervention, and foster care and adoption								X	X				X		
Lydia's House 513-549-7752 The mission of Lydia's House is to provide safe, stable and supportive housing for women and children in crisis.								X							



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Madisonville Education & Assistance Center 513.271.5501 https://www.meaccincinnati.org/ Emergency Financial Assistance for rent, utilities, mortgage payments, job search support and education				X		X									X
Managed Care Plan Transportation Benefit Buckeye 1-866-531-0615 Caresource 1-800-488-0134 Molina 1-866-642-9729 Paramount 1-866-837-9817 UnitedHealthcare 1-800-269-4190							X							X	
Mary Magdalen House 513-721-4811 https://www.marymagdalenhouse.org/ Offers showers, laundry, and clothing for individuals experiencing homelessness		X						X							
Mental Health America of Northern Kentucky and Southwest Ohio, Inc. 513-721-2910 https://www.mhankyswoh.org/ dedicated to promoting mental health and working to prevent mental and substance use disorders through education, advocacy, and service.									X				X		
Mercy Health Fairfield OB Clinic (513) 603-8897										X					
Mercy Health Smoking Cessation Program: Freshstart Education Courses 513-95-MERCY												X			
Mercy Health West OB Clinic (513) 215-9122										X					
Metro 513-621-4455 www.go-metro.com														X	
Millvale at Hopple Street Health Center (513) 357-7320										X					
New Path (855) 577-PATH (7284) https://newpath.org/ provides a variety of behavioral health services for children, teens, and adults									X				X		
Nicotine Anonymous: 12 Step Program 513-230-5475												X			
Northside Health Center (513) 357-7320										X					
Ohio Breastfeeding Hotline 888-588-3423											X				
Ohio Means Jobs of Cincinnati & Hamilton County 513-569-1840					X										
Ohio Tobacco Quit Line- QuitLogix Program 800-QUIT-NOW												X			



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Old St. Mary's Pregnancy Center 513-929-9165 https://www.oldstmarys.org/about/pregnancy-center/	X														
Our Daily Bread 513-621-6364 https://ourdailybread.us/ To provide stability and hope to guests in need by offering meals, hospitality and services in a safe, respectful environment	X					X									X
Over-the-Rhine Community Housing (OTRCH) 513-381-1171 https://otrch.org offers affordable housing units in the Washington Park, East Clifton, and Pendleton areas of Over-the-Rhine.								X							
People Working Cooperatively 513-351-7921 http://www.pwchomerepairs.org/ People Working Cooperatively is a non-profit organization serving low-income, elderly, and disabled homeowners in Ohio, Kentucky, and Indiana. PWC provides free professional critical home repairs, weatherization, mobility modification, and maintenance services to help residents stay safely in their homes.								X							
Planned Parenthood (513) 287-6484										X					
Poppy's Therapeutic Corner 513-570-4068 http://poppystherapeuticcorner.com									X						
Postpartum Support International 1-800-944-4773									X						
Pregnancy Center East 513-321-3100 https://pregnancycentereast.com/	X														
Pregnancy Center West 513-244-5700 https://pc-west.org/	X														
Pregnancy Loves Company (facebook group) https://www.facebook.com/groups/716243502248790											X				
Prenatal CareHealth Center (513) 352-2902										X					
Price Hill Health Center (513) 357-7320										X					
Psychology Today Psychologytoday.com									X						



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Reachout Pregnancy Center 513-367-7710 https://reachoutpregnancy.com/ Parental and prenatal classes, Material support such as diapers, formula, baby clothes, furniture, and other baby items	X														
Recovery Center of Hamilton County 513-241-1411 https://www.recoverycenterhc.org/ mental health and wellness organization that helps aid in the mental health recovery of individuals									X						
Rosemary's Babies 513-813-8336 https://www.rosemarysbabies.co/ provides a safe space, education, and financial support for teen parents & families				X						X					
Safe Link 1-800-SafeLink (723-3546) program for income eligible households to qualify to receive a free phone and 250 minutes/month															X
Santa Maria Community Services 513-587-6920 https://www.santamaria-cincy.org/ Free job-readiness training to low-income individuals, services provide career exploration, job search coaching, resume and cover letter development, job application assistance, interviewing skills instruction, job placement, job retention counseling and intensive case management for economically disadvantaged young men and women age 16+.					X										
Scholar House 513-768-6905 https://www.cubcincy.org/the-cincinnati-scholar-house/ A transitional learning-living program that will equip low-income single parents with the support they need to complete a post-secondary degree and improve their work prospects.				X				X							
SEM Food Pantry 513-231-1412 https://www.semfoodpantry.org/ A client-choice food pantry enables members to choose their own food like they would at a grocery store, rather than having bags of food pre-packaged for them by pantry staff.						X									
Serenity's Therapy Services 513-202-4095 http://serenitytherapyservices.com									X						



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Seven Hills Neighborhood Houses 513-407-5362 https://7hillsnh.com Daily Bread Room– Distributes donations from Kroger, Panera, and farmer’s markets daily. Emergency Assistance- Food & Household Pantry, Clothing Store, Transportation, and Shelter (funding pending) provide immediate assistance to individuals in need. STEPS– Supporting mothers to access gainful employment and support their child’s development and academic preparedness		X		X	X	X								X	
Shelterhouse Esther Marie Hatton Center for Women 513-562-1980 ensures homeless women in Cincinnati have access to basic human needs such as shelter, food, emergency clothing items, basic toiletries, and safety.								X							
Southwest Ohio Breastfeeding Coalition swohio-bc.org										X					
St. Vincent de Paul 513-421-0602		X													
Sweet Cheeks Diaper Bank https://sweetcheeksdiapebank.org/what-we-do/our-partner-agencies/ Diapers can only be distributed from partner agencies. Their website allows you to enter your location and find partner agencies closest to you.	X														
Talbert House 513-338-8596 https://www.talberthouse.org/help/housing-5/housing-services-17/								X					X		
Tender Mercies, Inc. 513-721-8666 transforms the lives of homeless adults with mental illness by providing security, dignity, and community in a place they call home								X	X						
The Caring Place 513-841-1499 https://www.thecaringplace.info/ Our goal is to provide a variety of services to members of our communities who find themselves in need of food, clothing, furniture, rent and utility assistance, family development and support groups.		X				X								X	X
The Crossroads Center (513) 475-5300 https://www.thecrossroadscenter.org/ full service non-profit behavioral healthcare agency for mental health care and addiction services									X				X		



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The Health Care Connection (513)554-4100										X					
The Jewish Hospital: Freedom from Smoking 513-686-6802												X			
The Little Clinic: SmartPath Tobacco Cessation Program https://www.thelittleclinic.com/services/tobacco-cessation-program												X			
The Salvation Army 513-762-5600		X													X
TriHealth Smoking Cessation Courses 513-977-6729												X			
University of Cincinnati and UC Health: Win by Quitting Smoking 513-584-QUIT												X			
University of Cincinnati Medical Center- OBGYN (513)584-5239										X					
Veterans Administration Hospital: Stop Smoking Program 513-861-3100												X			
Villages at Roll Hill (45225)								X							
Wayeridge Counseling 513-488-7161 wayeridgecounseling.com									X						
WIC 513-821-7012 https://www.fns.usda.gov/wic/women-infants-and-children-wic	X														
WinMed Health Services (513)242-1033										X					
Women Helping Women 513-381-5610			X										X		
YWCA 513-241-7090			X										X		